Disability Service Office (DSO) Parent Guide

College life poses different challenges for students with disabilities. When students enroll in college, they are considered responsible adults by faculty and staff. The expectations are that they will assume responsibilities for meeting their class requirements. This added responsibility is coupled with a change in environment. Whereas the high school was a very structured environment with a set schedule, college schedules can vary dramatically. For the first time students may have considerable time between classes and frequently do not use this time wisely. Students must enforce their own attendance policies and prepare to realize personal consequences if they choose not to attend class. Once students turn 18 years old, they are legally an adult, responsible for their own actions and decisions.

We hope this handbook will help you better understand some of those distinctions and provide tips on how best to support your son or daughter in college.
Differences between High School and College

There are many differences between how disability services are provided at the K-12 level and at the post-secondary level. While it is not practical to list them all, there are some key points to know. The changes reflect the fact that the college student is no longer a minor and is now responsible for making decisions as to his or her education.

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<tr>
<th>HIGH SCHOOL</th>
<th>COLLEGE</th>
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<tbody>
<tr>
<td>Parents are responsible for making sure the school is accommodating their student appropriately.</td>
<td>The parent is no longer responsible for making sure their student is accommodated. This is now the student’s responsibility both to initiate and to make the appropriate office aware if they are not being accommodated.</td>
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<tr>
<td>Schools will make academic adjustments based on IEP or 504 Plans.</td>
<td>Documentation of the disability is your student’s responsibility. The student is required to provide and pay for documentation of their disability. IEP and 504 Plans will not be accepted as the sole means of documentation.</td>
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<td>High School can change academic requirements for your student.</td>
<td>College is not required to reduced or waive essential course requirements.</td>
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<td>High School is a guided process and students are told what to do and how to behave.</td>
<td>College is a student responsibility and students are held responsible for the consequences of their decisions.</td>
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**HIGH SCHOOL ACADEMIC ADJUSTMENTS**

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<th>COLLEGE ACCOMMODATIONS</th>
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<tr>
<td>High School allows shortened assignments.</td>
<td>In college shortened assignments are not a reasonable accommodation.</td>
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<tr>
<td>High School allows the use of notes, formulas or word banks on exams.</td>
<td>The use of these items on exams is not considered a reasonable accommodation in college.</td>
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<tr>
<td>High School explains questions using different words.</td>
<td>Explaining questions using different words is not reasonable in college.</td>
</tr>
<tr>
<td>High School can request a copy of the teacher’s notes.</td>
<td>Requesting a copy of a professor’s notes is not a reasonable accommodation. The notes are many times considered intellectual property of the professor.</td>
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Additional helpful information:

- At the college level students must request services. Students must self-identify to the Disability Service Office (DSO) as having a disability and present appropriate documentation. Students must contact the office at the beginning of every semester that they wish to receive accommodations. At this time the student will request and pick up letters of accommodation for the current semester. Even if DSO and an instructor know that a student has a disability and is eligible for an accommodation, if the student doesn’t request and provide letters to their faculty, then they will not receive any accommodations.

- College students must notify their faculty directly as to their accommodation needs. DSO will not, as a general rule, contact instructors for students. DSO will provide the student with an accommodation letter, but it is the student’s responsibility to provide this letter to his or her instructors and discuss the stated accommodations.

- Colleges are not obligated to provide the exact same accommodations as were given at any point from K-12. Even if an accommodation is listed on a 504 Plan or other documents, the DSO may determine that it is not reasonable at the college level.

How Parents Can Help

The following are some important ways parents can help:

- Encourage your son or daughter to take advantage of available services. While services cannot be forced upon a student, it is in the student’s best interest to know what services he or she is eligible for.

- Encourage your son or daughter to meet with DSO staff at the beginning of each semester. Even if a student doesn’t want services or accommodations, it is helpful for the student to discuss this with a staff member. It also helps us be aware of how each student is doing and makes it easier to offer assistance should the student change their mind during the course of a semester.

- Encourage your son or daughter to meet with DSO staff at least once during the semester to check in and let us know if they need any additional services or assistance. Some good times are a few weeks before mid-term exams and evaluations, and a few weeks before finals and end-of-the-semester evaluations. Students are, of course, welcome anytime.
• Encourage your son or daughter to speak up for him or herself and to be his or her own best advocate.

• Encourage your son or daughter to meet regularly with his or her instructors to get feedback as to their progress in class, and to check in with their advisor as well.

Communication

While students may sign a release of information with DSO and a FERPA form, the DSO staff still communicates primarily with the student. In the past parents may have communicated on the student's behalf in high school. College is a different environment in which each student needs to grow and develop their self-advocacy skills. We recommend that you discuss college life with your student if you are interested in knowing about his/her experiences. If you contact DSO and would like to discuss concerns about your child, you are welcome to do so, but arrangements must be made with DSO staff for the student to be present in order to discuss any specific information regarding the student. The DSO staff will be happy to speak with parents and answer any basic questions but will not share specific information about their student unless student is present or has specifically requested the information be shared.
University of Arkansas at Pine Bluff
Disability Services Office

**Mailing Address:**
1200 N. University Dr.
Mail Slot 4949
Pine Bluff, AR 71601

**Contact Information:**
Disability Service Office (DSO)
Michael Bumpers
Phone: 870-575-8089
Fax: 870-575-4618

**Hours of Operation:**
8:00 AM – 5:00 PM Monday- Friday

**Mission Statement:**
The University of Arkansas at Pine Bluff, seeks to reach their highest level of academic and personal achievement. The Mission of The Disability Services Office is to collaborate with and empower students who have disabilities in order to coordinate support services and programs that enable access to an education and university life. Through our various student services and programs, we emphasize the importance or recognizing and embracing individual differences. In keeping with this Mission, UAPB is committed to helping students with disabilities obtain equal access to academic and programmatic services while allowing students to maintain a sense of independence.

**Services:**
- Interpreting services for students with hearing impairments
- Note-taking services for eligible students
- Braille embosser
- Alternate Testing Facility
- Readers
- Assistive Technology/Software
- Adaptive equipment (tables, chairs, etc.)

**Categories of Disabilities Accommodated:**
- Learning Disabilities
- Attention Deficit and Hyperactivity Disorder
- Physical Disabilities: hearing, vision, medical, orthopedic, etc.
- Psychological/Emotional
- Pervasive Developmental Disorder (Asperger’s Syndrome).