

**Lucretia Jo Williams**

**Health, Physical Education and Recreation Department, Instructor**

**EDUCATION**

**Ed.D, University of Arkansas at Little Rock, AR-12 hours**

**M.Ed., Stephen F. Austin State University, Nacogdoches, TX, 1988, Physical Education**

**B.S., Stephen F. Austin State University, Nacogdoches, TX, 1987, Physical Education and Health**

**A.A., Kilgore College, Kilgore, TX, 1985, Physical Education**

**PROFESSIONAL EXPERIENCE**

**Instructor, Aquatic Director, University of Arkansas at Pine Bluff, AR, 21 years**

**Instructor in physical education in public schools in Fabens, TX; Rusk, TX; and Nacogdoches, TX, 5 years. Also coached in those schools volleyball, basketball, and track. In Fabens, TX, I was assistant coach for the volleyball team and we were semi-finalists in the Texas State UIL tournament.**

**Aquatic Director and Swimming Instructor in Fabens, TX; Rusk, TX; and Nacogdoches, TX, 5 years**

**Graduate Assistant and Swimming Pool Manager at Stephen F. Austin State University, 2 years**

**PROFESSIONAL CERTIFICATIONS**

**American Red Cross Lifeguard Instructor, American Red Cross Lifeguard, American Red Cross Water Safety Instructor/Trainer, American Red Cross CPR, AED, and First Aid Instructor, Responding to Emergencies Adult and Pediatric First Aid/CPR, AED certification, United States Water Fitness Association, National Water Fitness Instructor/Coordinator, Special Olympics Coach in Athletics, Volleyball, and Aquatics, Arthritis Foundation Aquatic Program, Instructor**

**COMMUNITY SERVICES**

**Teach Arthritis and Water Aerobic classes, Continuing Education Swimming and Lifeguard classes, ROTC swimming lessons**

**CURRENTLY teach Lifeguard Training, Swimming, Aerobics, Water Aerobics, and Personal Health and Safety classes**