Behavioral Intervention Workshops

|  |  |  |  |
| --- | --- | --- | --- |
| Date | Workshop | Time | Location |
| September |  |  |  |
| 9 | Sexual AssaultEducating college students about sexual assault has become a hot topic around the country. The workshop will cover what constitute sexual assault and how college students can protect themselves from criminal charges. | 11am | Business Building Auditorium |
| 9 | Sexual Assault | 5pm | Caldwell Hall Cross/Phipps |
|  |  |  |  |
| 23 | **Conflict Management**The workshop will provide information that can be utilized to resolve conflicts in an effective manner. | 11am | Business Building Auditorium |
| 23 | Conflict Management | 5pm | Caldwell Hall Cross/Phipps |
|  |  |  |  |
| October |  |  |  |
| 14 | Substance Use and AbuseCollege students are faced with the temptation of allowing friends to coerced them into using and abusing drugs and alcohol. The workshop will provide information that will assist students from falling into traps that could ultimately alter their lives.  | 11am | Business Building Auditorium |
| 14 | Substance Use and Abuse | 5pm | Caldwell Hall Cross/Phipps |
|  |  |  |  |
| 28 | Stress ManagementThe subject of stress has become a common topic of conversation. We often hear friends, classmates, and family members talk about the problems they have in managing stresses of everyday living. The workshop will teach students how to deal and release stress. | 11am | Business Building Auditorium |
| 28 | Stress Management | 5pm | Caldwell Hall Cross/Phipps |
|  |  |  |  |
| November  |  |  |  |
| 11 | Social MediaThe subject of social media has become a hot topic for today’s college students. The workshop will teach students the proper way college students should utilize social media. | 11am | Business Building Auditorium |
| 11 | Social Media | 5pm | Caldwell Hall Cross/Phipps |
|  |  |  |  |
| 18 | Career DevelopmentCollege students are faced with the pressures of finding employment after college. The workshop will provide the student with the correct steps that should be taken to gain employment after college.  | 11am | Business Building Auditorium |
| 18 | Career Development | 5pm | Caldwell Hall Cross/Phipps |
|  |  |  |  |
| January |  |  |  |
| 27 | Avoiding PlagiarismCollege students sometimes like to use other people work as their own and do not give the rightful owner credit. The workshop will teach students the do’s and don’ts about plagiarism. | 11am | Business Building Auditorium |
| 27 | Avoiding Plagiarism | 5pm | Caldwell Hall Cross/Phipps |
|  |   |  |  |
| February |  |  |  |
| 10 | Balance and Time ManagementA challenge for many college students is how to achieve a sense of organization and balance. The workshop will give new tips and ideas about how to become organized in your academic pursuits as well as in your general lifestyle. | 11am | Business Building Auditorium |
| 10 | Balance and Time Management | 5pm | Caldwell Hall Cross/Phipps |
|  |  |  |  |
| 17 | Personal ResponsibilityCollege students sometimes blame others for their downfalls and fell to realize that the majority of the time it’s their fault. The workshop will discuss how to accept responsibility for your actions. | 11am | Business Building Auditorium |
| 17 | Personal Responsibility | 5pm | Caldwell Hall Cross/Phipps |
|  |  |  |  |
|  |  |  |  |